



# LENTEN JOURNEY 2025:

## WALKING TOWARD HOPE



### FIFTH WEEK OF LENT: DISCIPLESHIP & COMMITMENT

This calendar guides you through the 40 days of Lent (not counting Sundays) plus Easter Week. Each day offers scripture, reflection, and a simple practice to deepen your faith and prepare your heart for the joy of Easter. The practices are designed for real life — accessible regardless of your circumstances or where you are in your Christian journey. May this season bring you closer to Christ and the renewal He offers.

*This week we focus on discipleship and commitment. Jesus invites us to move beyond simple understanding. The readings invite us to follow spiritual teachings faithfully in our everyday lives, embracing both the challenges and rewards that come with applying the spiritual teachings.*

**SUNDAY (April 6)** Fifth Sunday of Lent

Today's Reading: Luke 5:1-11

5th Sunday

*"When he had finished speaking, he said to Simon, 'Put out into the deep water and let down your nets for a catch.'" (Luke 5:4)*

Following Jesus often means moving beyond our comfort zones and trusting His direction, even when it doesn't make sense to us.

#### ❖ Today's Practice

Is there an area of your life where God might be calling you to "put out into deeper water"? Take a moment to pray about this.

**MONDAY (April 7)** Fifth Week of Lent

Today's Reading: Luke 9:22-27

Day 29

*"If any want to become my followers, let them deny themselves and take up their cross daily and follow me." (Luke 9:23)*

Discipleship isn't a one-time decision but a daily commitment to follow Jesus, even through difficulties.

#### ❖ Today's Practice

Consider what "taking up your cross" might mean in your current circumstances. Ask for courage to follow Jesus today.

**TUESDAY (April 8)** Fifth Week of Lent

Today's Reading: Matthew 10:29-31

Day 30

*"Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows." (Matthew 10:29-31)*

Jesus reminds us that God's care extends to even the smallest creatures, showing just how deeply and personally we are loved by our Creator.

#### ❖ Today's Practice

Notice the small or seemingly insignificant things around you today. Let it remind you of God's detailed love for you and consider how you might extend that same attentive care to someone in your life.

"Whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward." (Matthew 10:42)

Jesus notices and values even the smallest acts of kindness done in His name.

#### ◆ Today's Practice

Look for an opportunity to offer a simple kindness to someone who might be overlooked or marginalized.

"Let your light shine before others, so that they may see your good works and give glory to your Father in heaven." (Matthew 5:16)

Jesus calls us to be visible bearers of light in the world, suggesting that authentic discipleship isn't hidden but expressed through how we live and treat others.

#### ◆ Today's Practice

Consider one way your faith might "shine" through your actions today. This could be as simple as a kind word, a patient response, or an act of generosity.

"Share in suffering like a good soldier of Christ Jesus." (2 Timothy 2:3)

Discipleship sometimes involves hardship, but we endure knowing we serve a greater purpose.

#### ◆ Today's Practice

If you're going through a difficult time, remember that Christ is with you in it. If things are going well, pray for those who are suffering.

"All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness." (2 Timothy 3:16)

God's Word guides our path as disciples, showing us the way forward and helping us course-correct when needed.

#### ◆ Today's Practice

Choose one verse from this week that especially spoke to you. Write it down or memorize it as a guide for your journey.