



LENTEN JOURNEY 2025: WALKING TOWARD HOPE



SECOND WEEK OF LENT: HOPE & TRUST

This calendar guides you through the 40 days of Lent (not counting Sundays) plus Easter Week. Each day offers scripture, reflection, and a simple practice to deepen your faith and prepare your heart for the joy of Easter. The practices are designed for real life — accessible regardless of your circumstances or where you are in your Christian journey. May this season bring you closer to Christ and the renewal He offers.

This week we focus on hope and trust. When life feels uncertain or overwhelming, hope anchors us to God's promises and trust allows us to move forward in faith. As we reflect on Biblical examples of those who hoped against hope and trusted God's guidance, we're invited to discover where in our own lives we might practice this same confident faith.

SUNDAY (March 16) Second Sunday of Lent

2nd Sunday

"Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation." (Genesis 12:1-2)

Like Abraham, we are called to trust God's promises even when the path forward isn't clear.

❖ Today's Practice

Consider an area of uncertainty in your life. How might God be asking you to trust Him with this situation?

MONDAY (March 17) Second Week of Lent

Reading: Ruth 1:15-17

Day 11

"Where you go, I will go; where you lodge, I will lodge; your people shall be my people, and your God my God." (Ruth 1:16)

Ruth's faithful commitment reminds us that hope often means taking one step at a time alongside those we love.

❖ Today's Practice

Reach out to someone who has walked alongside you in difficult times. If possible, thank them; if not, say a prayer of gratitude for them.

TUESDAY (March 18) Second Week of Lent

Reading: Isaiah 51:1-16

Day 12

"For the LORD will comfort Zion; he will comfort all her waste places, and will make her wilderness like Eden, her desert like the garden of the LORD." (Isaiah 51:3)

Even in desolate places, God promises renewal and restoration beyond what we can imagine.

❖ Today's Practice

Look for one sign of hope or beauty today, no matter how small—a kind word, a patch of sky, a moment of peace.

"Consider the lilies, how they grow: they neither toil nor spin... If God so clothes the grass of the field... how much more will he clothe you." (Luke 12:27-28)

Jesus reminds us that God provides for our needs, even amid our anxieties about tomorrow.

❖ Today's Practice

When worry arises today, pause and repeat: "God cares for me even more than the flowers and birds."

"Hoping against hope, he believed that he would become 'the father of many nations.'" (Romans 4:18)

Abraham's faith teaches us that true hope often persists even when circumstances suggest otherwise.

❖ Today's Practice

Identify something that seems hopeless in your life or in the world. Offer a prayer of hope, trusting that God can work beyond what seems possible.

"We have this hope, a sure and steadfast anchor of the soul." (Hebrews 6:19)

Christian hope isn't wishful thinking—it's a secure anchor for our lives, holding us steady through life's storms.

❖ Today's Practice

Visualize your hope in Christ as an anchor holding you secure. When you feel anxious today, return to this image.

"For God alone my soul waits in silence; from him comes my salvation. He alone is my rock and my salvation, my fortress; I shall never be shaken." (Psalm 62:1-2)

In a noisy world of competing voices, waiting silently for God helps us find our true foundation.

❖ Today's Practice

Spend 2-3 minutes in silence, simply resting in God's presence. If your mind wanders, gently return to the awareness that God is your rock.