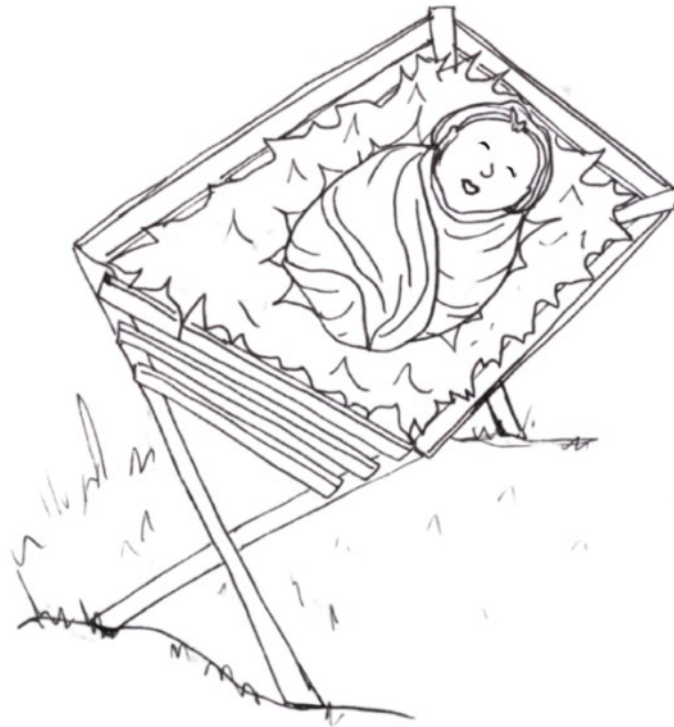


WEDNESDAY (CHRISTMAS DAY)

## The Light Has Come



EJ Kinete

"The word became flesh and lived among us, and we have seen his glory" (John 1:14)

**FOR TODAY:** Christmas Day arrives carrying many emotions - joy, sadness, excitement, loneliness, gratitude, grief - sometimes all at once. Whatever you're feeling today is okay. The first Christmas brought light into a dark world not with dramatic fanfare, but through the ordinary miracle of birth in humble surroundings. Today, light still comes to us in both ordinary and extraordinary ways. It might arrive through a kind message, a warm meal, a moment of peace, or simply the gift of another sunrise. You don't have to manufacture joy or hide your struggles - just notice where light finds its way to you.

➔ **Invitation:** Take a moment today to notice one place where light - literal or metaphorical - touches your life.

**SACRED MOMENTS:** John's gospel tells us that divine light and love became tangible in Jesus - something that could be seen, heard, even touched. Christmas celebrates this miracle: that God chooses to meet us where we are, entering fully into human experience. The light we've waited for through Advent isn't distant or abstract — it lives among us, transforms us, and illuminates our ordinary days with holy presence. Jesus's birth reminds us that divine glory often comes wrapped in simplicity, accessible to all who open their hearts to receive it.

➔ **Practice:** Touch something physical today - a cup, a piece of clothing, your own hand - and remember that divine love has chosen to enter our tangible world, making every physical thing potentially sacred.