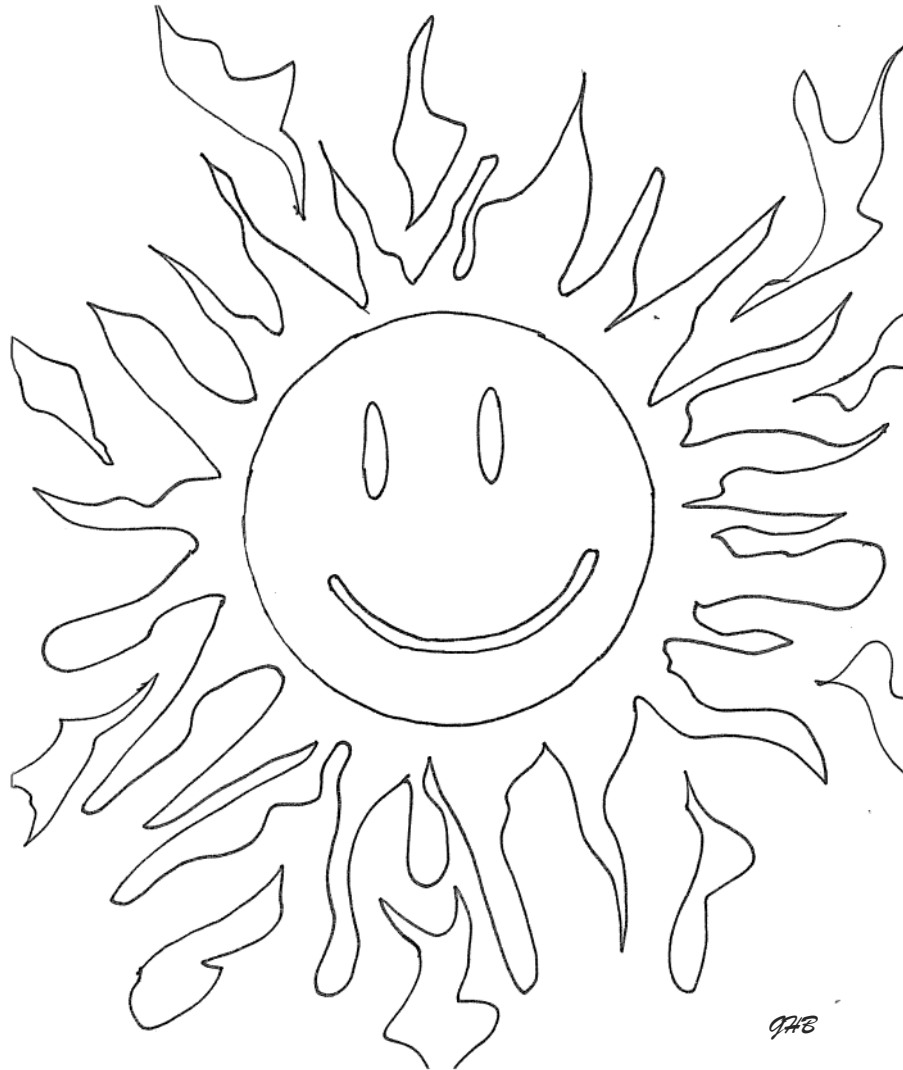


WEDNESDAY

## Share a Smile



**FOR TODAY:** Sometimes the smallest gesture can create a moment of connection. A smile shared with a neighbor, a store clerk, or even yourself in the mirror costs nothing but can change the tone of a moment. Don't worry if you're not feeling particularly cheerful - even a gentle acknowledgment of another person counts. And on days when smiling feels too hard, simply receiving someone else's smile can remind us we're not alone.

➔ **Gentle reminder:** Your smile doesn't have to be perfect or big — even the smallest smile counts.

**SACRED MOMENTS:** Ancient wisdom tells us that faces light up faces — one person's smile can awaken joy in another. Today's theme is beautifully simple: share what light you can. It might be a full smile or just a gentle lifting of your eyes to acknowledge another person. The God often works through these tiny moments of human connection. Each smile shared or received becomes a small light passed from person to person, heart to heart.

➔ **An Invitation:** Notice the smiles that cross your path today, given or received. Each one is a tiny gift of connection—both with each other and the Divine.