

By: Robert C Bennett, Ph.D LMHC, CASAC

Minister Bennett is the director of inpatient behavioral health and behavioral health emergency department at Niagara Falls Memorial Medical Center and a member of the Niagara Falls Ministerial Council and the True Bethel Temple in Buffalo, NY.

Blackout Drive

In the military, we had to train to move at night. The first time out you are sitting in the woods, pitch black, scared because of sounds that you can't see, and unsure about whether or not your eyes will adjust as promised. However, after sitting in the dark for some time, your eyes adjust, and light comes in, and you are now prepared to move.

Matthew 4:16

"...The people who sat in darkness have seen a great light..."



No matter how dark it may seem right now, darkness can't resist the light. According to [Matthew 4:16](#), "the people who sat in darkness have seen a great light. And for those who lived in the land where death casts its shadow, a light has shined." In this time when it seems dark, we put our trust in Jesus, that GREAT light. We cast our cares on Him, for He cares for us ([1 Peter 5:7](#)). We let our request be made known to God ([Philippians 4:6-7](#)).

Blackout drive reminds me that no darkness can stop the light and when I trust in the process the light will win. Jesus is our light. Trust the light and you will find your way.

Be blessed
Robert C Bennett

Image: [Sonce II - By Rihard Jakopič](#)

https://commons.wikimedia.org/wiki/File:Rihard_Jakopi%C4%8D_-_Sonce_II.jpg

By: Robert C Bennett, Ph.D LMHC, CASAC

Minister Bennett is the director of inpatient behavioral health and behavioral health emergency department at Niagara Falls Memorial Medical Center and a member of the Niagara Falls Ministerial Council and the True Bethel Temple in Buffalo, NY.

Blackout Drive

In the military, we had to train to move at night. The first time out you are sitting in the woods, pitch black, scared because of sounds that you can't see, and unsure about whether or not your eyes will adjust as promised. However, after sitting in the dark for some time, your eyes adjust, and light comes in, and you are now prepared to move.

Matthew 4:16

"...The people who sat in darkness have seen a great light..."



No matter how dark it may seem right now, darkness can't resist the light. According to [Matthew 4:16](#), "the people who sat in darkness have seen a great light. And for those who lived in the land where death casts its shadow, a light has shined." In this time when it seems dark, we put our trust in Jesus, that GREAT light. We cast our cares on Him, for He cares for us ([1 Peter 5:7](#)). We let our request be made known to God ([Philippians 4:6-7](#)).

Blackout drive reminds me that no darkness can stop the light and when I trust in the process the light will win. Jesus is our light. Trust the light and you will find your way.

Be blessed
Robert C Bennett

Image: [Sonce II - By Rihard Jakopič](#)

https://commons.wikimedia.org/wiki/File:Rihard_Jakopi%C4%8D_-_Sonce_II.jpg