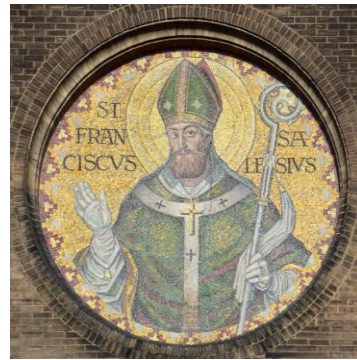


Peace

Recommended by: Rev. Stewart M. Lindsay, OSFS

Father Stew is a priest with Holy Family of Jesus, Mary & Joseph Parish in Niagara Falls. He has recommended this writing of St. Francis de Sales found in a collection of his writings, Golden Councils of St. Francis de Sales.

Do not look forward to the mishaps of this life with anxiety, but await them with perfect confidence so that when they occur, God, to whom you belong, will deliver you from them. He has kept you up to the present; remain securely in the hand of his providence, and he will help you in all situation. When you cannot walk, he will carry you.



Do not think about what will happen tomorrow, for the same eternal Father who takes care of you today will look out for you tomorrow and always. Either he will keep you from evil or he will give you invincible courage to endure it. Remain in peace; rid your imagination of whatever troubles you.

Belong totally to God. Think of him and he will think of you. He has drawn you to himself so that you may be his; he will take care of you. Do not be afraid, for if little chicks feel perfectly safe when they are under their mother's wings, how secure should the children of God feel under his paternal protection! So be at peace, since you are one of his children; and let your weary, listless heart rest against the sacred, loving breast of this Savior who, by his providence is a father to his children, and by his gentle tender love is a mother to them.

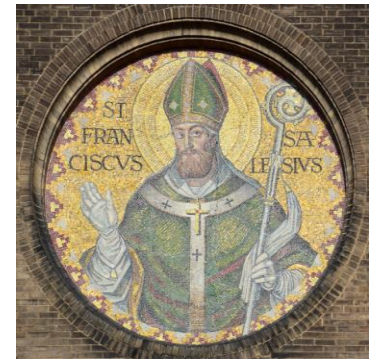
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